

# SELF CARE WITH CASTLE

## BATH BOMBS

### WHAT YOU NEED

- ½ cup citric acid
- ½ cup cornflour
- ½ cup Epsom salt
- 1 cup baking soda
- 5 tbsp coconut oil
- Lavender and rose oil
- Blue & red food colouring
- Bowl & Spoon
- Cupcake liners



### METHOD



1. Add Citric Acid, Epsom salt, Bicarb soda & cornflour then mix



2. Add coconut oil & mix until holds together



3. Add 10 drops of rose oil & 3 drops red colour to half the mix



4. Add 10 drops of lavender, 2 red & 3 drops blue colour to other half then mix



5. Spoon each batch into cupcake liners until full.



6. Press until firm then leave overnight to set.